



101 ROLE PLAY
IDEAS TO
SPARK
ATTRACTION AND
SPICE
Things Up

101 Role Play Ideas to Spark Attraction and Spice Things Up

This bonus has two sections:

Section 1: Role-plays that spark attraction...

Section 2: Role-plays that spice up your relationship...

Of course, you can use the role-plays from section 1 anytime you want and you can also make up your own role-plays once you get the hang of it.

Remember, these are just some *ideas* to get you going. It's a simple "cheat sheet" you can use to spark your own creativity.

Just remember to have fun with this and she will too...

Section 1: Role-plays that spark attraction...

One of the best ways to be playfully challenging, and therefore to establish attraction with a woman, is to act out a role-play with her in your first conversation with her or on your first or second date.

Make sure you put yourself in the “higher” social position in the role-play so she can feel attracted to you:

For example, you’re a doctor and she’s your nurse...

OR: Pretend she’s your wife and that you’re divorcing her. Pretend you’re her teacher and she’s your misbehaving but eager pupil. Pretend you’re a famous mad scientist and she’s your gorgeous assistant who might get fired if she doesn’t step up her game.

Etc...

Ever play “house” with your friends or cousins growing up where one of you played the “Dad,” one played “Mom,” etc.? Well, this is kind of like that only now you’re an adult so you can use a scenario that you come up with to create attraction with a woman you like by simply putting yourself in the higher social position and acting it out with her.

Remember: The human mind has a tough time distinguishing

fiction from reality. That's one of the reasons we love stories and movies so much: We actually *experience* the action to some degree...

And, it's the same thing with role-plays: When she does a role-play with you and accepts your higher-status position in the role-play, part of her mind accepts you as the higher-status person *in real life* too.

And, when she sees you as higher in social status than her, she's attracted to you.

It's really amazing how this works; try it and you'll see what I mean. It's fun for both of you and it's a million times better than "trying to convince her" to like you (mostly because that doesn't work...).

The best part is that you can just transition into a role-playing scenario that puts you in the higher-status position any time you want...even in the *middle* of a conversation:

Just start acting out your role whenever you feel like it and she'll catch on and play along...

Most women will enjoy acting out a role-play with you and will easily pick up on what you're doing and go along with it.

And, **when she plays along and acts out the role-play with you, all of a sudden she's having a great time with you AND becoming more attracted to you at a deep, subconscious level at the same time.**

That's why this is so powerful and so positive for both of you: Her becoming more attracted to you while also enjoying the process is exactly what we want.

Now, if she *doesn't* go along with your role-play for some reason, just move the conversation forward to a new topic naturally as if nothing happened at all...

Again, just remember to have fun with this (key = *playfully* challenging) and she will too.

Here are some examples of role-plays that put you in the higher-status position and help you spark attraction:

1. KGB Honey Pot

She's a Russian spy trying to "turn" you with her charms...it's not going to work even though she's alluring. Maybe with a little more training. She's going to have to do a little more to get to you. ;)

2. Rock Star/Groupie

3. Professor/Student

4. Football Player/Cheerleader

5. You're a Prince (or King) and she's Your Favorite Servant

Once you establish these roles, "order" her to get you a drink, bring you a napkin, use her napkin to "fan" you, get one of your friends to come talk to you, etc.

Have fun but don't push it too much; be *playful*. Make sure it's clear that she's the BEST of your servants; she's the only one of them that you TRUST. =)

6. Painter/Muse

You're a famous artist and she's your inspiration. However, you're in a bit of an artistic slump...so she needs to try a little harder. =)

7. Doctor/Nurse

“Scalpel!”

8. Dance Teacher/Student

Good at dancing? Take her to the dance floor and give her a lesson. Pretend she hired you because she’s clumsy and playfully tease her about it.

9. Boss/Employee

Cliché but also fun. You’re *considering* giving her a raise...but you’re not sure if she’s enough of a “team player” yet.

10. Mad Scientist/Sexy Assistant

11. She’s Your Girlfriend or Wife

Just start acting like she’s already your girlfriend or your wife and that you’ve been together a long time. It’s even better if you playfully pretend that she’s been annoying you lately...

12. She’s Your Girlfriend or Wife and You’re Breaking Up with Her/Divorcing Her

You can “break up” with her any time for any reason...

For example, if she says, “I *love* reggae music...”

You can say, “Really? That’s unfortunate...I have to break up with you now. ;-)”

You can “break up” with her for it even if you actually like reggae too.

Another example:

Just randomly go into why you have to break up with her at any

point in your conversation and really dramatize it:

“You know what...I’m getting sick and tired of you nagging me to do the dishes every night. I didn’t want to do this here in public but I can’t help myself right now. I’ve been putting up with it wayyyy too long. I’m sorry but I’m leaving you.”

Make sure she knows you’re being playful but really go into it in an exaggerated way. Have fun with it.

Definitely try “breaking up” with her and see what happens. It can be powerfully attractive even though you’re just pretending.

13. She’s a Nerdy Girl and You’re Helping her Find a Boyfriend

This one is *really* fun.

“Help” her find a boyfriend by pointing out guys she would never date and offering to introduce them to her because they seem like “really cool” or “really nice” guys or “guys on her level.”

If you want to take it even further, you can *actually* introduce her to them.

“You seem like *such* a great girl...let’s go find you a *nice* boyfriend.” =)

14. Cop/Criminal

You arrested her but wanted to stop to have a drink with your friends before you take her to the station. If she “behaves” maybe you’ll even let her go...

15. Pirate/Captive

You’re a rogue pirate and she’s a woman you captured from the

town you just raided.

You get to decide whether she “walks the plank” or joins your crew.

Section 2: Role-plays that spice up your relationship...

Once you're in a committed relationship, you can use role-plays sometimes to keep the attraction going and to spice up your sex life.

You don't have to worry about *always* putting yourself in the "higher-status" role in these role-plays at this point; you can change it up and be creative.

Just focus on having fun with her and creating scenarios that allow her to experience a wide variety of feelings and emotions.

Here are some examples of role-plays you can use within an established relationship:

16. Perfect Strangers

This is one of my favorites...

Arrive separately at the same coffee shop or bar. Then, go up to her and introduce yourself as if you just met. Talk to her like it's your first conversation with her. Have fun flirting with her and building some tension.

Then, invite her back to “your place.”

Once you get home, do everything as if it was your first time with her.

This is a great role-play you can use any time things are getting a bit stale to bring back the feelings that you had for each other when you first met.

It’s really fun and part of you will feel the “buzz” you would get from picking up a new girl and sleeping with her for the first time and/or falling in love with her and she’ll feel some of the feelings she felt when she was first dating you too.

You can use this one every year or two to spice things up and bring those good feelings back into your relationship.

17. Innocent and Not-So-Innocent

Have her pretend to be a naïve virgin who is eager to learn the “ways of the bedroom” from you. Really go into detail as you show and tell her what to do.

Or, you can be the innocent virgin and she can be your teacher. Either way can be fun.

Then, you can switch up these roles the next time if you want to do this one again.

18. Hotel Maid and Guest

“Housekeeping! ...You want me fluff pillow?” =)

Pretend you’re a guest at a hotel and have her knock on the door to your room and then come in to find you “ready to go” on the bed.

She should “pretend” to be shocked to see you naked or almost naked while you tell her that it’s okay and slowly seduce her.

This one’s even better if she agrees to wear a maid outfit that you buy for her...

19. Maid/Butler Secret Rendezvous

The “owners” of the house are away and you finally have some time to yourselves to play. Make sure to get rid of any “evidence” of your encounter so your “employers” don’t find out and fire you.

20. Play Doctor

Dress up in a lab coat if you can; a stethoscope can be fun too.

Give her a thorough “examination” and take it from there...

21. You’re a Repairman

Ring the doorbell as if you’re really coming to repair something.

22. You’re a Fireman

Most women love firemen. So, pretend to be one for an hour or two if you’re not one already:

You just put out a fire next door and saved a kitten from a tree...

Now, you’re just checking on her to make sure she’s okay.

This one’s a lot better if you have a uniform or at least a plastic firefighter hat.

23. Total Control

One of you lies down without moving while the other does whatever they want. If you want, you can use handcuffs and/or a blindfold with this one. Switch roles and repeat if you want.

24. Client/Call Girl

She's a call girl and you're a rich/famous client.

Call her "agency" (just talk to her on the phone – have her pretend to be her boss when you call) and list exactly what you want her to do to you/for you when she "arrives."

Then, she comes in, introduces herself, goes into the bathroom to change into her "working" outfit for you.

Then, she comes back into the bedroom and does what you asked for.

You can also book a hotel room to make this one feel even more real if you want.

Needless to say, a willing partner is necessary for this one; make sure she feels comfortable with this scenario and wants to do it for you. Find a way to "give back" too. =)

25. Hollywood Starlet

She's a famous actress and you're her secret lover that the press doesn't know about. Don't let the paparazzi get a photo!

26. Chef and Cook

Make dishes together that you can feed each other with your hands...

And, pretend you're her boss – you are the experienced, demanding chef and she is the cook who wants to learn from you.

Order her to make something delicious for you and not screw it up this time (playfully). Tell her she's not using enough chocolate on the strawberries, etc.

27. Masseur

Book an appointment with your sexy masseur. Get candles, oil, and a towel. Really play out the scenario as much as you can. After she massages you for a while, ask her if she offers any “extras” or “a special massage.” =)

Or, you can be the masseur and eventually make your way to some “really tense spots” you “notice” on her body that start turning her on. Start really slow and let the tension build up with this one...

28. Voyeur

If she’s comfortable with it, watch her play with herself for an extended period of time to increase tension and enjoy the view.

29. Bath Time

Use lots of bubbles and give each other the best bath of your lives. Candles are good for this one too.

30. Your Favorite TV Couple

Act out a romantic scene as if you were your favorite TV or movie couple.

31. Stripper

Either one of you can be an exotic dancer and give the other a lap dance to remember.

32. Dominant/Submissive

Add in some playful spanking and a little hair pulling to see if she enjoys it. Take it as far as both of you want.

Then, switch roles if you want.

If either of you isn't comfortable with a specific role, don't force it, but changing it up could be fun.

33. Role-Reversal

Are you usually on top? Then, let her be on top this time. Etc. This one's easy and doesn't require any pre-planning or props.

34. Hot Movie Scene

Act out a love scene from a movie that both of you think is hot.

35. Adult Film Stars

Create your own scene or choose an adult film you both enjoy and act it out together.

Film it if you want...or just have a camera there and don't record it. Or, don't have a camera there at all.

36. Personal Trainer/Client

Couples who work out together have better sex. You already get great chemicals flowing from a workout and then you share those good feelings with each other and get even more of them.

So, workout together...

And, sometimes, kick it up a notch:

Have one of you pretend to be a personal trainer working with a client.

“Come on, push it! ONE...MORE...YOU...CAN...DO...IT!”

Then, “help her stretch” during cool down and take it from there.
=)

There are lots of ways to play this one out. Be creative.

37. Pizza Delivery Man

This one is a classic...

Go get a pizza and knock on the door as if you're the pizza delivery man.

HER: "Oh my, I seem to have lost my wallet with all my cash and credit cards...How can I pay you for the pizza?"

YOU: "Hmmm...I think we can work something out."

Then, after you're finished, enjoy some delicious pizza together.

38. She's Your Nurse

You're recovering in a "hospital bed" and she comes in to check your temperature...

By now, you get the idea of these scenarios...so, let's go rapid-fire style from now on:

39. Cowboy/Native American Maiden

40. Preacher/Parishioner

41. Affair

Pretend that you're both married to other people. Meet at a hotel to make it even more fun.

42. Little Red Riding Hood/Big Bad Wolf

43. Alien Abduction

One of you pretends to be an alien and conducts "strange experiments" on the other after "abducting" them.

44. Prisoner/Guard

45. President/Intern

46. Thorough Gynecologist

47. Police Partners on a stake out neglect their duties

48. Football Player/Cheerleader after a big game

This one's worth repeating because you can play it out when you first meet her or you can take it to a whole other level when you've been with her for a long time.

Wear the outfits and gear if you can. Leave at least some of it on.

49. Star NBA Player/Groupie

50. Warrior/Captured Enemy Woman

51. Movie Stars who've never met and are required to do a hot love scene together for a new movie...do more than one "take" if you want

52. Make-Up Sex

Pretend to have a big argument just to have awesome make-up sex. No need to wait for it to happen organically. =)

53. You're a College Admission Counselor and she's a Student who will do ANYTHING to get accepted.

54. You're a Student who gets sent to the Principal's office – she's the Super-Hot Principal who must find a way to "punish" you...

55. Boss/Intern

56. Male Model/Groupie

57. Pharaoh/Slave Girl

58. Turkish Emperor/Harem Girl

59. You are a Gigolo

60. Auto Mechanic/Broke Girl with a broken down car

61. She's the Babysitter and you're the Handsome Dad

62. Model/Photographer

63. Revenge

Both of you just caught your significant other cheating – so you get revenge on them with each other.

64. Teacher/Student in need of extra credit to graduate

65. Hot Robber

You were *going* to rob her house and she was scared of you *at first* when she discovered you in the house...but then your mutual attraction took over.

66. She's your Mail Order Bride who just arrived

67. She's a Foreigner and you're helping her learn English

68. She needs a lot of help with math and you're her slightly older Tutor

69. Pilot/Flight Attendant

70. Hostage/Kidnapper

71. Prom Night

Didn't have a great experience at your Prom (or want to re-live it)?

Now's your chance.

Take her out for a nice dinner. Wear formal wear. Get photos done. Get her a corsage and pretend to pick her up from her “parents’ house.”

Then, skip the dance and take her somewhere private, have some drinks, and “see what happens.”

Or, dance for a bit first if you want. It’s *your* Prom. =)

72. You’re the Plumber

73. You’re the Hot Gardener and she invites you inside for some lemonade

74. Yoga Instructor/Eager Student

75. CIA Agent/Damsel in Distress

76. She’s on vacation in another country; you’re a Mysterious Foreigner

77. Dentist/Patient

78. Blackmail

One of you has compromising information on the other. Agreeing to sex is the only thing that will stop the information from coming out.

79. You’re a Military Man and she’s a Hostage that you rescue. She rewards you handsomely...

80. She’s a Professional Sex Ed Teacher/You need a more hands-on approach to learn things well

81. Vampire/Hot Girl

82. Mailman/Lonely Wife

83. Soldier Returning Home Victorious

84. The Innocent Monk who just left his monastery/The Experienced Woman he gave up his quiet life and vows for

85. She's a Princess who offers herself to you (a Powerful Prince) in exchange for marriage

86. Belly Dancer/Sultan

87. Catholic School Boy (or Girl)/Strict Teacher

88. Phone Call Challenge

Call someone while she goes down on you and see how long you can take it. Or, go down on her while she's talking to someone on the phone and try to get her to make an inappropriate noise and/or hang up.

89. She's a Victoria's Secret Model showing off her newest lingerie for you

90. Gladiator/Rich Roman Woman who offers to buy his freedom in exchange for sex

91. She's a Proper Aristocrat and you're a Handsome Rogue who seduces her

92. You're a Loan Officer and she's applying for a big loan. You're not sure if she qualifies...

93. Winner Winner Chicken Dinner

Play any competitive game. Whoever loses has to do a sexual favor for the winner.

94. Nude Model/Painter

95. Sex Robot

Either one of you can pretend to be a sex robot purchased by the other.

96. Famous Musician/Backup Dancer

97. Naïve High School Freshman/Experienced High School Senior

98. Caveman/Cavewoman

99. I Dream of Genie

She's a genie who only fulfills sex wishes. You get exactly 3 wishes. Or, you can be the genie.

100. Unsatisfied Older Married Woman/Hot Young Man Who Mows Her Lawn

101. Santa and Mrs. Claus give each other an early present

Remember: This is all just for fun. If one of these scenarios makes either of you uncomfortable, don't do it or stop doing it. No big deal.

Now that you get the general idea, come up with your own if you want, and, if she has a good idea for a role-play, go with it.

Use role-plays to spice things up every once in a while and to keep those good emotions and chemicals flowing as long as you're together.

Enjoy =)